**Maternity Clinical Network Monthly Update April 2023**

**Maternal Medicine**

An annual report of the Maternal Medicine workstreams is in production and will be presented to the Clinical Advisory Group in October 2023.

The number of cases being discussed at multidisciplinary meetings has increased along with representation from Providers.

Using postcodes, data collected has identified that there is a greater proportion of BAME women accessing the maternal medicine network services.

NECTAR Acute Care pathway: the acute care pathway has been operational since the end of July 2022 with 1-2 cases / month. This is a standing agenda item for Maternal Medicine meetings. Six monthly NECTAR meetings have been in initiated so that processes can be reviewed as and when appropriate.

An updated version of the Epilepsy guideline has been presented to the CAG. The group ratified this guideline with the provision that an update on Vitamin D supplementation be added. This has now been added and the updated guideline has been circulated to members of the expert groups and CAG for feedback and comments. Should no further amendments be required then the guideline will be published on the NENC Clinical Networks website. <https://nescn.nhs.uk/page-network/maternity-children-and-families/>

Patient Reported Experience Measures (PREMs) was launched to capture feedback from birthing people involved in the Maternal Medicine multi-disciplinary meetings. This feedback is also used to provide feedback to the referring unit. Different languages can be selected. Service users are asked about the care they received, the choices they were able to make and any barriers to accessing care.

It is hoped that the next meeting of Maternal Medicine Group in July will be an in-person event and combined with an education day.

**Intrapartum Care**

An annual report of the Intrapartum Care workstreams is in production and will be presented to the CAG in August 2023.

The fetal wellbeing leads in NENC have developed a teaching sessions programme. Each Provider has agreed to present a case for discussion on a rolling 8 weekly plan. Invitations to the virtual sessions are shared across all Trusts. A timetable can be found on the NENC website. The promotion of shared teaching has been well received with some excellent feedback. [Events - North East Clinical Networks North East Clinical Networks (nescn.nhs.uk)](https://nescn.nhs.uk/page-network/maternity-children-and-families/events/)

Recent national guidelines shared during these meetings:

[Overview | Fetal monitoring in labour | Guidance | NICE](https://www.nice.org.uk/guidance/ng229)

[Overview | Balloon disimpaction of the baby’s head at emergency caesarean during the second stage of labour | Guidance | NICE](https://www.nice.org.uk/guidance/ipg744)

Work continues on a North East and North Cumbria (NENC) Large for Gestational Age (LGA) (in the absence of gestational diabetes) guideline. Guidelines currently in use in the NENC have been collated and a NENC draft guideline is near completion. A LGA shared decision-making aid has been developed by Northumbria Healthcare.

Members of staff from across NEY attended a webinar this week – Each baby counts learn & support escalation toolkit. [Each Baby Counts: Learn & Support | RCOG](https://www.rcog.org.uk/about-us/quality-improvement-clinical-audit-and-research-projects/each-baby-counts-learn-support/) The Intrapartum Care Group have agreed to work with the Maternity Neonatal Safety Improvement (MatNeoSIP) lead in progressing this work and introducing the toolkit into Trusts in the NENC region. This escalation toolkit is also on the agenda at the Practice Development Midwives peer support meeting in May. A similar toolkit/decision aid for service users is planned with input from the clinical network, patient public voice representatives, MatNeoSIP lead, obstetricians, midwives and the neonatal network.

The Intrapartum care Group are asking for expressions of interest for a digital lead. For further information please contact england.northernmaternity@nhs.net

A standing agenda item for the group meetings is green initiatives within the delivery suite. Two areas of work currently taking place within NENC Trusts are the use of Cool Sticks and Nitrous Oxide exposure.

There continue to be issues with stock at Provider Trusts recently. The network team have provided a means of sharing resources.  Members agreed this had been useful.

**Fetal Medicine**

Revised guidelines are now published on the NENC website

Screening, diagnosis and management of women at risk of placenta accreta spectrum

Antenatal Aspirin Prophylaxis

 [Guidelines - North East Clinical Networks North East Clinical Networks (nescn.nhs.uk)](https://nescn.nhs.uk/page-network/maternity-children-and-families/guidelines/)

Prenatal Invasive Testing videos and information guides have been created and funded by the North East and Yorkshire Genomic Medicine Service NEY GMS) Fetal Genomics Transformation Project. A link to these videos and information guides can be found on the NENC website [Useful Links - North East Clinical Networks North East Clinical Networks (nescn.nhs.uk)](https://nescn.nhs.uk/page-network/maternity-children-and-families/useful-links/)

A meeting was held earlier this month to discuss the potential implementation of Intergrowth 21, a fetal growth calculator. The rationale for using this chart was presented with an opportunity for questions and discussion. All clinical expert groups were invited to attend the meeting. A further discussion is planned during the CAG this week with an opportunity to look at the proposed timeline.

It is hoped that the next meeting of Fetal Medicine Group in July will be an in-person event and combined with an education day.

**Preterm Birth**

The preterm birth and MatNeoSip work closely to collect data on optimisation. Work is being undertaken to improve the quality of the data collected and a marked improvement had been noted. A meeting is planned in May to talk through inaccuracies and any other identified challenges.

A joint North East and Yorkshire place of birth proforma has been developed. This has been trialled over the last few weeks and the main feedback is the length of time it takes to complete however, with familiarity, this time should reduce.

Flowcharts for preterm birth prevention pathways have been developed and discussed at the meetings. The flowcharts identify a plan of care for birthing people following an intermediate or a high-risk pathway. Feedback has been requested with a plan to implement at the end of May/beginning of June.

An antenatal corticosteroid patient information leaflet has been coproduced with members of the preterm birth group and patient public voices. The leaflet has been presented in digital and easy print format and is available in different languages. This leaflet will be presented to the Maternity Engagement Group in May.

The chair of the group has been approached by the RCOG and asked to assist on an update to the e-learning preterm labour module. Expressions of interest are invited to be part of this work. For further information please contact england.northernmaternity@nhs.net

**Training**

**Each Baby Counts & Learn & Support Escalation Toolkit Next Steps Webinar, Wednesday 7th June, 2023** <https://www.eventbrite.co.uk/e/each-baby-counts-learn-support-escalation-toolkit-next-steps-webinar-tickets-622971854587>

**Birthrights** - A half day virtual training session for the multidisciplinary team. An introduction to human rights law and how it applies in maternity care to empower healthcare professionals to deliver right’s respecting care. The session will cover:

* What are human rights?
* Where do they come from?
* How do they apply in maternity care?
* By the end of the session participants will be able to answer questions such as:
* How can we deliver safe and personalised care?
* Supporting women to have an informed choice
* What really is informed consent?
* How can we reduce litigation and complaints in maternity care?
* Could we do more to prevent birth trauma rather than treating it

Available dates:

* Friday May 28
* Wednesday 10 May
* Friday 26 May
* Wednesday 21 June

Please e-mail your preferred date to england.northernmaternity@nhs.net

### ****Assessment, Detection & Prevention of Perinatal PTSD & Birth Trauma Training**, in person workshop, Friday 12 May 10am-4pm, Waterfront 4, Newcastle upon Tyne**

Assessment, detection & prevention of perinatal PTSD & birth trauma – Northumbria Healthcare NHS Foundation Trust and the North East & North Cumbria Perinatal Mental Health Network are pleased to announce funded training in: THE ASSESSMENT, DETECTION & PREVENTION OF PERINATAL PTSD AND BIRTH TRAUMA (5hr face to face workshop) on Friday 12 May from 10am to 4pm at Waterfront 4, Goldcrest Way, Newcastle, NE15 8NY. **Please contact** england.northernmaternity@nhs.net **to book a place.**

**Maternity co-cordinator programme**

**May cohort**

Dates for onsite teaching: May cohort

22nd & 23rd May 2023

10th & 11th July 2023

Assessment will be 13th, 14th & 15th September 2023 (only 1 day but online)

[Level 6 Application Link - May 2023](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fe-vision.tees.ac.uk%2Fsi_prod%2Fsits.urd%2Frun%2Fsiw_ipp_lgn.login%3Fprocess%3Dsiw_ipp_app%26code1%3DUWHH3054NTPD%26code2%3D0002%26code3%3DGUEST&data=05%7C01%7Cpaula.elliott2%40nhs.net%7C36844d558f134ee87c2d08db223cb373%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638141416340627318%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=1pfSx%2FwHU7TGzTgXCRC%2Btl4iT4MZqjK6dN2F%2FZIAygU%3D&reserved=0)

[Level 7 Application Link - May 2023](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fe-vision.tees.ac.uk%2Fsi_prod%2Fsits.urd%2Frun%2Fsiw_ipp_lgn.login%3Fprocess%3Dsiw_ipp_app%26code1%3DPWHH4016NTPD%26code2%3D0002%26code3%3DGUEST&data=05%7C01%7Cpaula.elliott2%40nhs.net%7C36844d558f134ee87c2d08db223cb373%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638141416340627318%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=PUj3TF2zRc8o5Q764t9eStHLFZEV6FK1Z9rWrxepEso%3D&reserved=0)

**September cohort**

Dates for onsite teaching: September cohort

18th & 18th Sept 2023

6th & 7th Nov 2023

Assessment will be 8th or 9th or 10th Jan 2023 (only 1 day but online)

[Level 6  MCP Application Link - September 2023](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fe-vision.tees.ac.uk%2Fsi_prod%2Fsits.urd%2Frun%2Fsiw_ipp_lgn.login%3Fprocess%3Dsiw_ipp_app%26code1%3DUWHH3054N01TPD%26code2%3D0003%26code3%3DGUEST&data=05%7C01%7Cpaula.elliott2%40nhs.net%7C36844d558f134ee87c2d08db223cb373%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638141416340627318%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=wRysqs9KXECGD7L3R0hvVqgkk1Iqpm97DyAuIrj2hbA%3D&reserved=0)

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